Cardiovascular diseases (CVDs) are the leading cause of death globally. An estimated 17.9 million people died from CVDs in 2019, representing 32% of all global deaths. Of these deaths, 85% were due to heart attack and stroke. Over three quarters of CVD deaths take place in low- and middle-income countries. Out of the 17 million premature deaths (under the age of 70) due to noncommunicable diseases in 2019, 38% were caused by CVDs. Most cardiovascular diseases can be prevented by addressing behavioural risk factors such as tobacco use, unhealthy diet and obesity, physical inactivity and harmful use of alcohol. Pathophysiology, pharmacology and therapeutics need to team up for effective global CVD risk reduction.

Next-generation physicians and researchers should be aware of the rising burden of CVD already during their education. Thus, the School is open to international medical students who are close to achieving their MD title. The learning objective is two-fold:

- To provide an integrated view of research and clinical approaches to treatment and prevention strategies in CVD
- To foster exchange and networking between medical student from several European countries.

The Summer School Faculty include established as well as younger clinicians and investigators based at the University of Padova and other European Universities. Lecturers will provide cross-disciplinary views on key and emerging topics. Some talks will review career options for MDs in Italy and other European countries.

We wish to express our gratitude to the Department of Medicine–DIMED and the International Relations Division, University of Padua, for granting financial support to the Summer School.

This will hopefully be the third in a series of educational events to build relations among international medical students for years to come.

Scientific and organising contact andrea.cignarella@unipd.it

### Venues

Palazzo della Salute, via San Francesco 90 Collegio Morgagni, Sala Consiliare, via San Massimo 33

### Format

Lectures will take place from June 3 to 7 at Collegio Morgagni in Padova. The Practical Session will take place at the Skill Lab nearby. Teams of 4 students will present group works on June 8. A cash prize of 1,000 € will be awarded by a Jury to the team giving the best presentation. Students who attend at least 75% of lectures and present the team work will receive a Certificate of Attendance.

## Who can apply

The course is open to 24 medical students, based at the University of Padova and other European Universities. Applications shall be uploaded at <a href="https://forms.gle/5vQW5KfCK97Q1R9DA">https://forms.gle/5vQW5KfCK97Q1R9DA</a>

Tuition fee: 500 €.

Application deadline: March 2, 2024

Selected students will be notified no later than March 10,

2024.

Registration deadline: April 15, 2024.



# Funding

The course has been funded by the Department of Medicine – DIMED and the International Relations Division, University of Padova.

Endorsed by the Italian Pharmacological Society

# 3<sup>rd</sup> International Summer School Teaming up for global cardiovascular risk reduction – pathophysiology, pharmacology, therapeutics



Coordinator Andrea Cignarella

Padova | June 2-8, 2024









# 3<sup>rd</sup> International Summer School Teaming up for global cardiovascular risk reduction — pathophysiology, pharmacology, therapeutics June 2-8, 2024 | Padova





Sunday, June 2	Monday, June 3	Tuesday, June 4	Wednesday, June 5	Thursday, June 6	Friday, June 7	Saturday, June 8
Palazzo della Salute Collegio Morgagni, via San Massimo 33, Sala Consiliare, 1st floor						Palazzo della Salute
9:00	Opening session 9:10 Coagulation disorders Elena Campello, Padova 10:20 Paediatric cardiology Felix Oberhoffer, Munich Meet the expert Felix Oberhoffer	Peripheral artery disease Marcello Rattazzi, Padova Case discussion 10:15 Nutrition and atherothrombosis Gemma Chiva-Blanch, Barcelona	Non-valvular atrial fibrillation Teresa Seccia, Padova Case discussion Laboratory medicine Daniela Basso, Padova	Lessons from real-world studies Gianluca Trifirò, Verona 10:15 Non-coding RNA therapeutics Chiara Collesi, Trieste	Precision cardiovascular pharmacology Andrea Cignarella, Padova  Experimental models Mattia Albiero, Padova	Immunometabolism G. Danilo Norata, Milan 10:00 Best Presentation Award Session All Students
11:30	New frontiers in HDL research Arnold von Eckardstein, Zurich Meet the Expert Arnold von Eckardstein	Cardiovascular risk in diabetes: from mechanisms to therapies Gian Paolo Fadini, Padova  Meet the Expert Gian Paolo Fadini	Heart failure Thomas Krieg, Cambridge  Meet the Expert Thomas Krieg	Cardiovascular ageing Francesco Mattace- Raso, Rotterdam Case discussion  Meet the Expert Francesco Mattace- Raso	Thromboinflammation Thomas Vanassche, Leuven  Meet the Expert Thomas Vanassche	
12:30 p.m.	Lunch	Lunch	Lunch	Lunch	Lunch	Award presentation and
1:30	Nutraceuticals Arrigo FG Cicero, Bologna Case discussion 2:20 Dyslipidaemia Alberto Zambon, Padova 3:10 Keynote Lecture Cardiovascular complications of obesity Roberto Vettor, Padova	Keynote Lecture Essential hypertension: a fake entity Gian Paolo Rossi, Padova 2:30 Practical Session Skill Lab Filippo Valle, Padova	Personalied medicine and antithrombotic agents Bianca Rocca, Rome 3:10 Genetic basis of sudden death in the young Cristina Basso, Padova	Nuclear receptors Giulia Chinetti, Nice Meet the expert Giulia Chinetti  Visit to Scuola Grande di San Marco, Venice		closing
7:00 p.m. Welcome		7:00 pm <i>Aperitivo</i>	8:00 pm <i>Pizza</i>			